

Note Taking Tips

Why take notes?

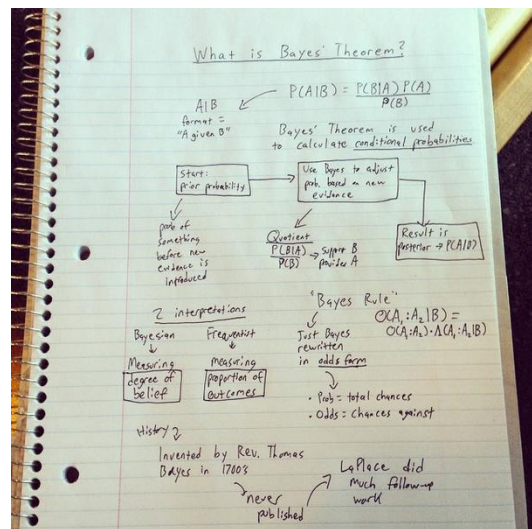
- You can't remember everything.
- Taking notes helps you focus and pay attention in class.
- Supplemental information to the textbook.
- It is a record of what was discussed in class.
- Information to use to create study guides.

How can I take notes?



Mind Maps – main idea of the lecture in the center of the paper and add in notes around the main idea (lots of branching and sub ideas). Useful for organizing thoughts.

Flow Method – holistic learning – treat each bit of information as a single point and weave an interconnected web of information that forges stronger connections in your mind. Your notes are your mental image of the lecture, not a repeat of everything from lecture.



“The faintest ink is stronger than the strongest memory.” – Chinese Proverb